



North Berwick Day Centre



Newsletter Monthly Issue 6

September 2020

Update from the Directors

The Directors are working hard behind the scenes to keep up to date with current guidelines. They hope to be in touch with all members once the situation becomes clearer after the Scottish Government review and announcement on 10 September 2020.

In the meantime the team at the Day Centre are still coming up with ideas to make you smile.

Jackie Tagg Editor

Music and tea at Woodville (Abbeyfield)

Christine, from the Day Centre, in conjunction with Abbeyfield, organised a musical afternoon with tea and cake. Thanks to the North Berwick Resilience Team who funded the event. The music was played by professional musician, Cathy Marwood, on viola. The sun shone and a few of our members were able to attend. More photos on the web site.



Missing You

Along with packed lunches members recently received gifts of an orchid and a card showing photographs of themselves taken at events in the Day Centre in happier times.



Each orchid came with a large gift tag. Signed **Missing You** and including lots of lovely photos of the team



Eric, Iris and Edith were delighted with their photo cards and orchids

500 hats and still counting

I would walk 500 miles
famously sang The Proclaimers.

Sandra goes further than that
and sings **I would knit 500
bobble hats and I would knit
500 more!**

This is a vital fund raising
activity and thanks to Sandra
and all those who keep knitting
year after year.



Bus Trips

It's been great to get people out on the bus. As some restrictions have been lifted we have been able to visit friends in their gardens. Keeping everyone safe is a priority and all guidelines are followed on these trips.



Jean on the left having a distanced cuppa with Betty, right. They had dropped by to see Sheila, a Day Centre volunteer, in her garden



John at Amalfi café Dirleton



Margaret at Athelstoneford



Malcolm and Willie being 'propped' up at Dunbar Harbour

Archerfield Walled Garden

The gardeners at Archerfield have made us very welcome. Plenty of space for us to enjoy the air and flowers



Two Margarets enjoying the garden



Volunteers are missing you too

Shonach, from the Day Centre, caught up with volunteers, Pat and Margaret at Dirleton Court. This is a lovely photograph of them sending their love.

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