

Background

Reach Out provides support people to do the things they enjoy! That could be some company in the home, going out for a coffee, assisting them with shopping, going for a walk and taking part in activities in the community. These activities may help people to stay at home for longer and promote independence as well as supporting them to be involved in their community.

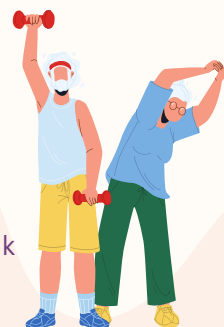
About Us

Reachout is part of a blended service offered by North Berwick Day Centre. Our Reach Out service aims to provide a service which offers respite for family and carers whilst addressing issues affecting adults living in within our community.



NORTH BERWICK REACHOUT SERVICE

Supporting people in
our community



 01620 890906

 reachout@nbdaycentre.org.uk

 www.nbdaycentre.org.uk

Have
Fun



SUPPORT



Charges for the Reach out service:
£10 per hour or £15 for two hours,
cost for group activities can vary slightly

We aim to support people in a person centred way. What do you want to do? What do you need support with? We support people who may be living with complex needs such as dementia, Parkinson's disease, MS, you may have mobility issues or feel socially isolated. We can support you to live the way you want to!



Make
GOOD
Memories

